



STAGE PRACTICE FOR COMPETITION

This is a **very important practice**, please make every effort to be at your assigned times.

When: Mon. March 9 & Tues. March 10

Where: Regina Performing Arts Centre (1077 Angus St.)

Who: All dancers attending competitions (not Preschool or Combo)

Classes on Monday March 9 –

No Class for Musical Theatre, Rose Tap, Rose Hip Hop - dancers will be at the stage practice. **All Team Blue Classes** will run this night on normal schedule.

Classes on Tuesday March 10 –

Rose Ballet – 5:45-6:30pm and Rose Jazz – 6:30-7:15pm

Team Pink – Ballet, Tap and Hip Hop

All other classes on Tuesday will be cancelled as the dancers will be at the stage practice.

Dear Parents and Students,

Your dancer must be at the **Performing Arts Centre** for the time allotted for their class and are then free to go. Please drop your dancer off and pick them up when done, no parents will be allowed in the audience during the practice sessions. Thank-you.

COSTUMES: Please send all costumes (including accessory pieces ie. headpieces, gloves etc.) in a garment bag with dancers name on it, and all dance shoes. Teachers and assistants will be in attendance to help students change and keep organized.

- **Teams Rose, Coral and Teal:** Dancers are to wear their entire costume, with proper shoes. For these teams, they are to wear suntan tights with all costumes to save time. *(If only in ie. Ballet, then wear your pink tights)*
- **Teams Pink, Blue and Yellow:** Dancers are to wear their entire costume, with proper bra styles, tights and shoes. Dancers, please try to layer your tights to save time.

HAIR: All students must have their hair slicked back in a bun or sock bun for this practice. NO makeup is required for this day.

Doors will open at 4:45pm - for those dancers in the first scheduled time

All other dancers need to arrive 15min before their scheduled time, go downstairs to the dressing room and are to be picked up in the main lobby at the end of their rehearsal.

**This is a very important practice,
all effort MUST be made to be at your assigned time!!**

Thank-you in advance, Deanna and Staff

Monday - March 9, 2026

*arrive 15 mins before rehearsal time to get ready in first costume

| 5:00 - 5:45 | Class | Instructor |
|--------------------------|---------------------|------------|
| Like That | Yellow Jazz | Nicole |
| If You Asked Me To | Yellow Lyrical | Nicole |
| Enough | Yellow Contemporary | Nicole |
| 5:45 - 6:45 | Class | Instructor |
| Winged Warriors | Rose Ballet | Hannah |
| Ride the Wave | Rose Jazz | Hannah |
| Pump Up the Party | Rose Tap | Mackenzie |
| Mini Hoopers | Rose Hip Hop | Avery |
| 6:45 - 7:15 | Class | Instructor |
| Bring It On | Acro #1 | Rylee |
| The Greatest Showman | Acro #2 | Rylee |
| 7:15 - 7:45 | Class | Instructor |
| The Lion King | Musical Theatre | Avery |
| 7:45 - 9:15 | Class | Instructor |
| Stop the Show | Pink Tap | Rylee |
| The Jump Off | Pink Hip Hop | Mackenzie |
| Dollhouse After Midnight | Pink Ballet | Rylee |
| I Believe You | Pink Lyrical | Nicole |
| Feel the Beat | Pink Jazz | Nicole |
| Tribe | Pink Contemporary | Nicole |

Tuesday - March 10, 2026

*arrive 15 mins before rehearsal time to get ready in first costume

| 5:00 - 6:00 | Class | Instructor |
|----------------------|-------------------|------------|
| Up | Coral Ballet | Rylee |
| Rotten to the Core | Coral Hip Hop | Frida |
| Amigas | Coral Tap | Hannah |
| Fired Up | Coral Jazz | Hannah |
| 6:00 - 7:30 | Class | Instructor |
| Assemble | Teal Jazz | Hannah |
| Bel-Air Bound | Teal Hip Hop | Avery |
| Dancing Through L.A. | Teal Tap | Hannah |
| Welcome to Hogwarts | Teal Ballet | Miranda |
| Where We Belong | Teal Lyrical | Hannah |
| 7:30 - 9:00 | Class | Instructor |
| Can't Stop the Riot | Blue Hip Hop | Ashley |
| Nevermore Nights | Blue Ballet | Ashley |
| A Little Wicked | Blue Contemporary | Ashley |
| The Window | Blue Lyrical | Deanna |
| Down to the Roots | Blue Jazz | Deanna |
| Roaring Empire | Blue Tap | Ashley |