



REGINA:
Glam #1 Dance Competition
Mar. 23 to Mar. 26, 2023



Location: Performing Arts Centre, 1077 Angus St, Regina
Team Blue, Yellow, Burgundy, Orange

GENERAL INFORMATION:

- **ARRIVAL & CHECK IN:** Parents of younger dancers should be bringing their Dancers into the Venue and locating Dance Plus assigned dressing room. Dance Plus Staff will not be standing at the Venue door waiting for Dancers, they will be in the Dressing Rooms.
- Upon arriving dancer will either have to check in at “Competitors Table” or be directed to where your dressing room is located, watch for signs. Dressing Rooms are located in the basement level. Find members of your class, get ready in costume & wait in dressing room, **Parents must then leave the Dressing Room area. Your teacher may be busy** with another class currently on stage so dancers must wait in the dressing room with your class members or assistant until after they have danced on stage.
- **COMMITMENT TO YOUR GROUP:** When you submitted & paid your entry fee this indicated your commitment to the Team that you would attend the competition. It is very upsetting to the entire group when someone does not show up at the competition when teacher thought they would be there. Your teacher must be advised if you are now unable to attend for any reason so that changes may be made to the routine in class, not in dressing room & students are prepared before the competition.
- **ADMISSION CHARGE to Watch Competition at Venue (CASH only):**
 - Purchased at the Door – **CASH ONLY** – Admission charge will vary for each competition. There will be an admission charge for anyone that wishes to watch the competition (**CASH only**). If you wish to have a seat in the auditorium you must come early as there will be a large number of dancers and their parents. NO ATM on sight. Dancers will be asked to vacate seats if auditorium is FULL.
 - **If parents DO NOT wish to watch the competition, they ARE NOT allowed to wait in the dressing rooms for their dancers, they must leave the dressing rooms and return for their dancer after they have danced.**
 - Dancers **WILL NOT** be allowed to watch if the auditorium is full, dancers will be asked to leave unless they have a paid ticket for that session.
- **SCHEDULE & ARRIVAL TIME:** Listed on next page is the entire schedule for the above competition. The schedule is listed by day & session, find the session that your dancer must be at the competition and dressed and ready. Dancer will dance once for every discipline they are registered.
 - **Locate your child's class & be dressed & ready to perform at the specified time. Consider yourself to be at the competition for the remainder of the session that your child competes.** Dancers should not arrive at the Venue before their Scheduled Dressed & Ready time, but must be ready to dance at time assigned.
 - These are just approximate times, we cannot determine the exact time that your child will dance on the stage, dancers must wait in dressing room until groups has danced on the stage & ARE FREE to go once group has danced.
 - **NO PARENTS, Dressing room space is very limited so Parents will not be allowed** to wait in the dressing rooms, there is not enough room for dancers & parents to wait. Competition would also like to limit the numbers in the dressing rooms.
 - **DANCERS: should arrive with hair & make-up done and only have to slip into their costume. Dancers must be ready to rehearse with teachers at the time specified. Allow time to park and get dancer into the Venue when arriving.**
 - **DANCERS:** If dancer is unable to dress themselves, parents may stay to help them with their costume and then must leave. Parents can take dancers to dressing rooms and find someone from their group (or their teacher) and ask them to sit quietly and stay with their group, a staff member will be around to watch them.
 - **HAIR:** Dancers must be wearing the same hair style as indicated by their teachers on our “Costume/Stage Info” on our website. No exceptions!!! Dancers should not be wearing any nail polish or earrings unless specified by the teachers. <https://www.danceplus.ca/newsletters> Curly ponytail means that dancers have NO bangs on forehead, hair is curled into tight ringlets or wearing a Curly Ponytail hairpiece.
- **MASKS:** will be optional
 - **Dancers WILL NOT be wearing masks while on the stage so if you as a parent are uncomfortable** and want your dancer to wear a mask then you **MUST** purchase a “ivory” mask for them.
 - Dancers **cannot wear any other color of mask on the stage except for an “ivory” mask.** These “ivory” colored masks are available on amazon.ca
 - If dancer does not have their own “ivory” mask, they will be asked to dance on stage without a mask and dancers will still have to wear proper makeup for the stage even if wearing a mask especially “eye” makeup.
 - **OPTIONAL:** Masks can be worn in the venue or dressing rooms if you wish, but dancers will not be wearing masks while performing on stage.

Good luck to everyone Deanna, Joyce & staff

Glam #1 Competition:

Classes ARE HELD during competition: Regular classes will be running as usual on Saturdays during the competition unless you are otherwise notified by the teacher of re-scheduled time. Classes will be run either by substitute teachers or class assistants where necessary. If your child's class is competing at the same time as their regular class there will be NO class held, if your child is not competing in that session they should be at their regular classes.



Team Blue, Yellow, Burgundy & Orange ONLY **Glam #1 Dance Competition 2023 – Mar. 23 to Mar. 26 - Regina** **Performing Arts Centre, 1077 Angus St. Regina**

- **Competition WILL NOT wait** for dancers that are not ready to perform when it's their turn - Please allow plenty of time to park, register etc.
- **BE DRESSED & READY** to dance at the time assigned for your class
- **Parents consider yourself** to be at the competition for the remainder of the session that your dancer competes from the Dressed & Ready time, dancers must remain in the dressing rooms until their group competes on stage & ARE FREE to go once group has danced, these are approximate times, we cannot determine exact time their group will dance.
- **PARENTS CAN NOT WAIT IN DRESSING ROOMS,** you must leave building then come back for your dancer if you are not watching in the audience.
- Unfortunately Dance Plus Staff & Directors cannot be reached during the Competition weekend, we are at the competition on all days.
- **Entry fees cannot be refunded** for any dancer that decides to withdraw from the competition for any reason.

AWARDS:

Awards (Solos or duo/trio): Dancers must be ready at time specified on your Schedule note. On stage adjudication will done throughout the competition, please check the Schedule Note or program. Dancers are encouraged to receive their award on stage for all solo/duo/trios as there will not be any other location that these awards can be picked up.

Awards Groups:

- **"On stage" adjudication** will be done throughout the competition and will be listed in the program and on your schedule.
- Groups are encouraged to stay (not mandatory), awards will be announced at adjudication, it would be nice to have a representative from the group on the stage at adjudication time but is not mandatory.
- Awards for groups will be announced at the competition but ribbons/awards will be handed out at their next class by their teacher.
- All Group awards collected on Stage Adjudication should be given to Joyce or Deanna to pack up to take to studio to hand out.
- **Special Awards from Adjudicators:** If your solo/duo/trio receives a Special Award from the adjudicator please ensure that dancer sees Joyce so that she can get a picture of the award or email Joyce a picture of the Special Award handed out.
- **NO Food or Drink** Allowed in the Dressing Rooms or Auditorium, thank you

PARKING:

- Most Venues will have a designated Parking Lot. Some Venues have neighbouring businesses but Parking in these lots while attending the competition IS NOT ALLOWED. Neighbouring Businesses will TOW vehicles that park in their lots while attending the competition. Please do not Park in Neighbouring Businesses lots or block residential driveways.

*It's
Competition
time!*

See Competition Schedule next page

COMPETITION SCHEDULE:

- Competition runs in order of Entry #'s for entire weekend
- Your entry # & "Dressed & Ready" Time is listed below
- ALL DANCERS & Solo/duo/trios **must be ready at the time** indicated to them
- These #'s may change slightly due to program changes, please check program upon arrival
- On Stage Adjudication/Award times are indicated on the schedule

Please obey times when "Doors Open" & be ready at your scheduled time

Thursday March 23, 2023

Morning Session

9:00 AM

(please obey these times)

Doors OPEN @ 8:15 AM

Group Name/Dancer	Team	Style	# on Stage	Dressed & Ready time
Legendary (Olivia Zeller)	S	lyrical	7	8:30 AM
Control (Kieren Stein)	S	lyrical	8	8:30 AM
Home (Ella Ulmer)	S	lyrical	10	8:30 AM
London is Calling (Mara Hill)	S	lyrical	20	9:00 AM
Tightrope (Kaylynn Miller)	S	lyrical	24	9:00 AM
In the Stars (Emma Anderson)	S	lyrical	35	9:30 AM
In this Shirt (Frida Eboli-Reyna)	S	lyrical	37	9:45 AM
Outsider (Miranda Schill)	S	lyrical	39	9:45 AM
Liability (Keely Coleman)	S	lyrical	40	9:45 AM
Adjudication / awards				10:33 AM
Walking in Memphis (Memphis Ottenbreit)	S	ballet	46	10:15 AM
Story of My Life (Ella Bloos)	S	ballet	48	10:15 AM
The Rising Sun (Payton Wagman)	S	ballet	51	10:30 AM
Adjudication / awards				11:25 AM

Thursday March 23, 2023

Afternoon Session

12:25 PM

(please obey these times)

Group Name/Dancer	Team	Style	# on Stage	Dressed & Ready time
Barbie Girl (Sayontoni Bhattacharyya)	S	hip hop	79	12:30 PM
Clique (Keely Coleman)	S	hip hop	99	1:15 PM
Go to Work (Mackenzie Cherwenuk)	S	hip hop	100	1:15 PM
Adjudication / awards				2:08 PM
Put Your Hands UP (Ella Bloos)	S	tap	114	2:15 PM
Oh My My (Presley Boehme)	S	tap	115	2:15 PM
Real Wild Child (Hayden Gebhardt)	S	tap	119	2:15 PM
Seven Nation Army (Noah McCabe)	S	tap	120	2:15 PM
Some Girls Do (Autumn Nishimura)	S	tap	126	2:30 PM
Adjudication / awards				3:45 PM
Stronger (Andie Williams)	S	cont	149	3:45 PM
Unsteady (Bailey Hutchison)	S	cont	150	3:45 PM
Don't Let Me Down (Kaylynn Miller)	S	cont	151	3:45 PM
Someone (Autumn Nishimura)	S	cont	152	3:45 PM
Way Down We Go (Abigail Chomos)	S	cont	154	4:00 PM

Next to You (Aliana Goodman)	S	cont	160	4:15 PM
Lost (Mackenzie Wall)	S	cont	164	4:15 PM
Still Have Me (Rylee Boutin)	S	cont	176	4:45 PM
Burnout (Keely Coleman)	S	cont	178	5:00 PM
Can't Carry This (Mackenzie Cherwenuk)	S	cont	179	5:00 PM
Adjudication / awards				5:50 PM

Thursday March 23, 2023

Evening Session

6:50 PM

(please obey these times)

Group Name/Dancer	Team	Style	# on Stage	Dressed & Ready time
Don't Wanna be You Anymore (Hayden Beaupre)	S	lyrcial	199	6:45 PM
I Found (Charly Sears)	S	lyrical	201	6:45 PM
Runaway (Hayden Gebhardt)	S	lyrical	204	6:45 PM
Cherry Hill (Syla Allan)	S	lyrical	207	7:00 PM
Truth I'm Standing On (Autumn Nishimura)	S	lyrcial	215	7:15 PM
Adjudication / awards				8:37 PM

Friday March 24, 2023

Morning Session

9:00 AM

(please obey these times)

Doors OPEN @ 8:15 AM

Group Name/Dancer	Team	Style	# on Stage	Dressed & Ready time
Cops and Robbers (Kaylynn Miller)	S	tap	241	8:45 AM
Get a Move On (Emma Gibson)	S	tap	247	9:00 AM
I Ain't Worried (Mckenna Norton)	S	tap	250	9:00 AM
It's Called Freefall (Keely Coleman)	S	tap	251	9:00 AM
Part of Me (Lily Armistead)	S	jazz	265	9:45 AM
Adjudication / awards				10:26 AM
Puppet Master (Roulston Trio)	T	hip hop	287	11:00 AM
So What (M.Cherwenuk & E.Gibson)	D	hip hop	291	11:00 AM
Adjudication / awards				11:50 AM

Friday March 24, 2023

Afternoon Session

12:50 PM

(please obey these times)

Group Name/Dancer	Team	Style	# on Stage	Dressed & Ready time
What Are You Waiting For (B.Roulston & B.Roulston)	D	jazz	309	12:45 PM
Sissy That Walk (H.Beaupre & C.Sears)	D	jazz	310	1:00 PM
Feel the Power (L.Leach & E.Ulmer)	D	jazz	311	1:00 PM
Till the World Ends (S.Allan & H.Gebhardt)	D	jazz	313	1:00 PM
I Feel Like a Woman (R.Boutin & M.Cherwenuk)	D	jazz	323	1:30 PM
Adjudication / awards				2:18 PM
Lost With You (R.Boutin & E.Gibson)	D	cont	333	2:15 PM
Adjudication / awards				3:43 PM
Adjudication / awards				4:46 PM
Gangster's Paradis (Keely Coleman)	S	pointe	369	4:15 PM
Poor Unfortunate Souls (Rheanna Lang)	S	MT - live voice	380	4:45 PM
Nowadays (Keely Coleman)	S	MT - live voice	381	4:45 PM
Adjudication / awards				5:41 PM

Friday March 24, 2023**Evening Session****6:40 PM****(please obey these times)**

Group Name/Dancer	Team	Style	# on Stage	Dressed & Ready time
Fighting Fire	Yellow	cont	392	6:15 PM
Out There	Orange	cont	401	6:45 PM
Adjudication / awards				8:21 PM

Saturday March 25, 2023**Morning Session****9:00 AM****(please obey these times)****Doors OPEN @ 8:15 AM**

Group Name/Dancer	Team	Style	# on Stage	Dressed & Ready time
Better Than Ever (Liliana Leach)	S	jazz	435	9:00 AM
Love Myself (Autumn Nishimura)	S	jazz	441	9:15 AM
Tainted Love (Haley Palmer)	S	jazz	451	9:45 AM
Adjudication / awards				10:26 AM
Adjudication / awards				11:53 AM

Saturday March 25, 2023**Afternoon Session****1:08 PM****(please obey these times)**

Group Name/Dancer	Team	Style	# on Stage	Dressed & Ready time
Adjudication / awards				2:30 PM
We are Royalty	Blue	ballet	513	2:45 PM
Paris	Yellow	ballet	518	3:00 PM
Flappers World	Orange	ballet	524	3:30 PM
Adjudication / awards				4:13 PM
Taking Care of Business	Blue	tap	541	4:30 PM
Do It To It	Yellow	tap	552	5:15 PM
Money, Money, Money	Orange	tap	554	5:15 PM
Adjudication / awards				6:07 PM

Saturday March 25, 2023**Evening Session****7:22 PM****(please obey these times)**

Group Name/Dancer	Team	Style	# on Stage	Dressed & Ready time
Let Me Out	Blue	lyrical	569	7:15 PM
Amen (small group)	Yellow	lyrical	571	7:30 PM
Good Job	Burg	lyrical	580	8:00 PM
Flowers	Yellow	lyrical	584	8:15 PM
Adjudication / awards				9:08 PM

Sunday March 26, 2023

Morning Session

9:00 AM

(please obey these times)

Doors OPEN @ 8:15 AM

Group Name/Dancer	Team	Style	# on Stage	Dressed & Ready time
Angels (Payton Wagman)	S	jazz	588	8:30 AM
Maneater (Ilyana Thomas)	S	jazz	600	8:45 AM
Get Wild (Mara Hill)	S	jazz	601	8:45 AM
Fierce (Andie Williams)	S	jazz	603	9:00 AM
Vertigo (Kaylynn Miller)	S	jazz	604	9:00 AM
Dangerous (Bailey Hutchison)	S	jazz	605	9:00 AM
Post That (Ashlyn Skaalid)	S	jazz	608	9:00 AM
Icon (Keely Coleman)	S	jazz	614	9:15 AM
Hung Up (Frida Eboli-Reyna)	S	jazz	616	9:15 AM
The Beautiful People (Rylee Boutin)	S	jazz	617	9:30 AM
Just Watch Me Now (Mackenzie Cherwenuk)	S	jazz	618	9:30 AM
Adjudication / awards				10:14 AM
I'm Alive	Orange	hip hop	644	11:15 AM
Adjudication / awards				11:56 AM

Sunday March 26, 2023

Afternoon Session

1:11 PM

(please obey these times)

Group Name/Dancer	Team	Style	# on Stage	Dressed & Ready time
I Love Rock n Roll	Yellow	jazz	670	1:45 PM
Fashion Model	Orange	jazz	675	2:15 PM
Adjudication / awards				2:59 PM
Beauty Inside	Blue	hip hop	686	3:00 PM
Pump It Up	Yell/Burg	hip hop	695	3:30 PM
Adjudication / awards				4:24 PM
Show Me What You Got	Blue	jazz	717	5:00 PM
Makin' Moves	Burg	jazz	722	5:15 PM
Adjudication / awards				6:13 PM
Overall Awards				see program

• **Awards:**

- “On stage” adjudication will be done throughout the competition and will be listed in the program and your schedule.
- Solo/duo/trio Dancers are encouraged to stay or return to receive their award on stage, there will be NO other location to receive their placements.
- Groups are also encouraged to stay (at least one or two members), award will be announced & acknowledged so would be nice to have a representative from the group on the stage at adjudication time. Ribbons for groups will be given to teachers at end of the competition to be handed out at their next class.
- Group Awards collected on Stage Adjudication should be given to Joyce or Deanna to pack up to take back to studio to hand out.
- Overall Awards will be handed out throughout the weekend, this will also be listed in the program.

**CLASSES
ARE STILL
RUNNING**

- **Regular Saturday classes WILL RUN during all competitions.**
- If your child is not required to be at the competition during their regular class time then they should attend their regular class.

Good luck to everyone Deanna, Joyce & staff



2022-2023 Costume Legwear Required per Team/routine

Please see chart for Legwear required for each of your classes

Ensure that your dancer has the proper Shoes & Legwear

Option #1 Purchase & order assigned Legwear thru the studio by Dec. 15th

Option #2 Purchase assigned Legwear Locally in Regina yourself

Purchase @ any local Dance store but must be comparable/acceptable legwear of "Mondor" style legwear
Acceptable legwear purchased locally must be "Mondor" #310 or #314 or #317 or #318 style in the appropriate color

Please NOTE: if you require "Capri" tights must purchase locally as we are unable to order that style for you

	Team Color	Discipline	Class Time	Teacher	Routine Name 2022-2023	Legwear Color required	Legwear Style required	Shoe Style Required
1	PreSchool 1	PS	Mon	Skyla	<i>ABC Boogie</i>	Suntan	footed tights	Black Tap shoes
2	Combo 1	Combo	Mon	Skyla	<i>Be Our Guest</i>	Suntan	footed tights	Black Tap shoes
3	PreSchool 2	PS	Sat	Rylee	<i>ABC Boogie</i>	Suntan	footed tights	Black Tap shoes
4	Combo 2	Combo	Sat	Rylee	<i>Be Our Guest</i>	Suntan	footed tights	Black Tap shoes
5	Acro #1	Acro	Sat	Keely	<i>Inner Ninja</i>	Suntan	Ankle Length	Bare Feet
6	Acro #2	Acro	Sat	Keely	<i>Time Machine</i>	Suntan	Ankle Length	Bare Feet
7	Mus. Theatre	Mus.Th	Mon	Keely	<i>Hamilton</i>		T.B.A.	T.B.A.
8	Teal	Tap	Wed	Hannah	<i>Route 66</i>	Suntan	footed tights	Black Tap Shoes
9	Teal	Jazz	Wed	Hannah	<i>Dance Through the Day</i>	Suntan	footed tights	Black Jazz Shoes
10	Teal	Ballet	Tues	Miranda	<i>Painting the Way</i>	Classic Pink	footed tights	Pink Ballet Shoes
11	Teal	HH	Tues	Mackenzie	<i>Workin for a Livin</i>	Suntan	footed tights	White Runners
	Teal Boys	HH	Tues	Mackenzie	<i>Workin for a Livin</i>	Black socks		White Runners
12	Violet	Tap	Tues	Keely	<i>Magic'</i>	Suntan	footed tights	Black Tap shoes
13	Violet	Jazz	Tues	Rylee	<i>Rock n Roll Rules</i>	Suntan	footed tights	Black Jazz Shoes
14	Violet	Ballet	Wed	Hannah	<i>As the World Turns</i>	Classic Pink	footed tights	Pink Ballet Shoes
15	Violet	HH	Wed	Keely	<i>House Work</i>	Suntan	footed tights	White Runners
	Violet Boys	HH	Wed	Keely	<i>House Work</i>	Black socks		White Runners
16	Pink	Tap	Tues	Joyce	<i>Nine to Five</i>	Suntan	footed tights	Black Tap Shoes
17	Pink	Jazz	Wed	Nicole	<i>Arcadia</i>	Suntan	footed tights	Black Jazz Shoes
18	Pink	Ballet	Tues	Miranda	<i>Master Puppeteer</i>	Classic Pink	footed tights	Pink Ballet Shoes
19	Pink	HH	Wed	Keely	<i>Money</i>	Suntan	footed tights	White Runners
	Pink	Lyrical	Wed	Keely	<i>White Flag</i>	Suntan	Ankle Length	Bare Feet
20	Blue	Tap	Tues	Joyce	<i>Taking Care of Business</i>	Suntan	footed tights	Black Tap Shoes
21	Blue	Jazz	Mon	Deanna	<i>Show Me What You Got</i>	Black	footed tights	Black Jazz Shoes
22	Blue	Ballet	Tues	Ashley	<i>We Are Royalty</i>	Classic Pink	footed tights	Pink Ballet Shoes
23	Blue	HH	Mon	Jaida	<i>Beauty Inside</i>	Suntan	footed tights	White Runners
24	Blue	Lyrical	Mon	Deanna	<i>Let Me Out</i>	Suntan	Ankle Length	Lyrical Turner Shoes
25	Yellow	Tap	Wed	Nicole	<i>Do It To It</i>	Suntan	footed tights	Black JAZZ Taps
26	Yellow	Jazz	Wed	Nicole	<i>I Love Rock N Roll</i>	Suntan	footed tights	Black Jazz Shoes
27	Yellow	Ballet	Wed	Nicole	<i>Paris</i>	Suntan	Capri Length	Pink Ballet Shoes
28	Yellow	Lyrical	Mon	Deanna	<i>Flowers</i>	Suntan	Ankle Length	Lyrical Turner Shoes
29	Yellow/Burg	HH	Mon	Jaida	<i>Pump It Up</i>	Suntan	footed tights	T.B.A.
30	Contemporary 2	Cont 2	Mon	Ashley	<i>Fighting Fire</i>	Suntan	Ankle Length	Bare Feet
31	Burgundy	Jazz	Wed	Rylee	<i>Makin' Moves</i>	Black	footed tights	Black Jazz shoes
32	Burgundy	Lyrical	Wed	Rylee	<i>Good Job</i>	Suntan	Ankle Length	Lyrical Turner Shoes
33	Orange	Tap	Tues	Joyce	<i>Money, Money, Money</i>	Black	footed tights	Black JAZZ Taps
34	Orange	Jazz	Tues	Ashley	<i>Fashion Model</i>	Suntan	Ankle Length	Black Jazz shoes
35	Orange	Ballet	Mon	Ashley	<i>Flappes World</i>	Suntan	Ankle Length	Pink Ballet Shoes
36	Orange	HH	Mon	Ashley	<i>I'm Alive</i>	T.B.A.	T.B.A.	T.B.A.
37	Contemporary 1	Cont 1	Mon	Ashley	<i>Out There</i>	Suntan	Ankle Length	Bare Feet
38	Finale	Jazz		Deanna		Suntan	footed tights	Black Jazz Shoes
39	Opening	Tap		Joyce		Suntan	footed tights	Black Tap shoes

Please NOTE: if you require "Capri" tights must purchase locally as we are unable to order that style for you