



# Student Dress Code & Proper Shoes

It is important to enforce guidelines around class attire, appearance and appropriate footwear to ensure dancers can properly be corrected on technique and allow full range of movement. Ensure your child comes to each class dressed appropriately as outlined below.

## HAIR

All hair must be pulled back and neatly secured away from the face and neck into a bun, ponytail or braid. Dancers with shorter hair may use a headband or clips to secure hair away from the dancer's vision and not become a distraction.

## CLASS ATTIRE

**ALL students** are required to wear appropriate dance attire to class each week (similar to shown in pictures). Anyone not dressed appropriately may not be able to participate and asked to sit out of class. This means NO street wear – Jeans, t-shirts, dresses, play clothes, or school clothes are not suitable dance attire.

Dancers in **ALL disciplines** should wear tight fitting dance/yoga wear (any style or color) *(i.e. Bodysuit, tights, lycra shorts/capri/skirts, tight fitting tank tops).*

- **Exam Students - Tap/Jazz** – Black tank style bodysuit & Black tights are required (Lycra shorts may be worn for class)
- **Exam Students - Ballet** - Black tank style bodysuit & Classic Pink tights are required
- **Hip Hop classes ONLY** – may wear loose, comfortable pants (sweats or capris).
- **Acro Attire** - bodysuit with dance shorts/leggings over top (NO t-shirts, tank tops)
- **Boys Attire** – wear comfortable gym clothing (i.e. Shorts, tank top, fitted t-shirt)



## PROPER SHOES

This will help you determine the appropriate type of footwear your child requires for their class(es). Dancers will not be allowed to perform on stage without the correct shoes.

- **PreSchool** – Black Tap Shoes (Patent or Mary Jane), Pink Leather Ballet slippers (*boys ONLY may wear black*)
- **Combo** (Tap/ballet) – Black Mary Jane Tap Shoes, Pink Leather Ballet slippers (*boys ONLY may wear black*)
- **Combo** (Jazz/Tap) – Black Mary Jane Tap Shoes, Black Split Sole leather jazz shoes
- **Tap** – **Ages 5-11** – Black Mary Jane Tap Shoes  
– **Ages 12+** – Black Cuban Heel Tap Shoes (Bloch Showtapper, Capezio or So Danca TA-44 is acceptable)  
– **Advanced** – Black Cuban Heel (Jazz Taps permitted only at Teachers Request)
- **Ballet** – Pink Leather Ballet Slippers (*boys ONLY may wear black*)
- **Jazz & Lyrical** – Black Split Sole leather jazz shoes \**Beige split sole, or soft-slipper lyrical shoes at teacher's request*
- **Hip Hop** – Clean, non-marking runners (solid white runners required for stage)
- **Musical Theatre**- Black Split Sole leather jazz shoes
- **Contemporary** – bare feet
- **ACRO** - bare feet, bodysuit & Lycra shorts

Patent Taps <i>PreSchool Only</i>	Mary Jane Taps <i>Combo / Ages 5 +</i>	Cuban Heel <i>Ages 12 +</i>	Jazz Taps <i>by request only</i>	Pink Ballet	Split Sole Jazz
					

Parents are responsible for obtaining their own shoes and attire for their children. Visit the following suppliers:

- **Soles and Suits** – 1363 Rose Street, Regina
- **All About Dance** – Gardner Park, Regina
- **Dancer's Den** – Albert Street, Regina