



# STAGE PRACTICE FOR COMPETITION

This is a **VERY** important practice, please make every effort to be at your assigned times.

**When:** Tues. March 14<sup>th</sup> and Wed. March 15<sup>th</sup>

**Where:** Campus Regina Public (1069 14 Ave E, Regina - Cochrane High)

**Who:** Only those dancers attending competitions

**NOTE: ACRO routines will NOT attend this stage practice**  
All Classes at the Studio are cancelled for these nights.

Dear Parents and Students,

Your dancer is to be at the school for the time allotted for their class and is then free to go. Parents, please drop your dancer off and pick them up when done, No parents will be in the gym during practice sessions. Thank-you.

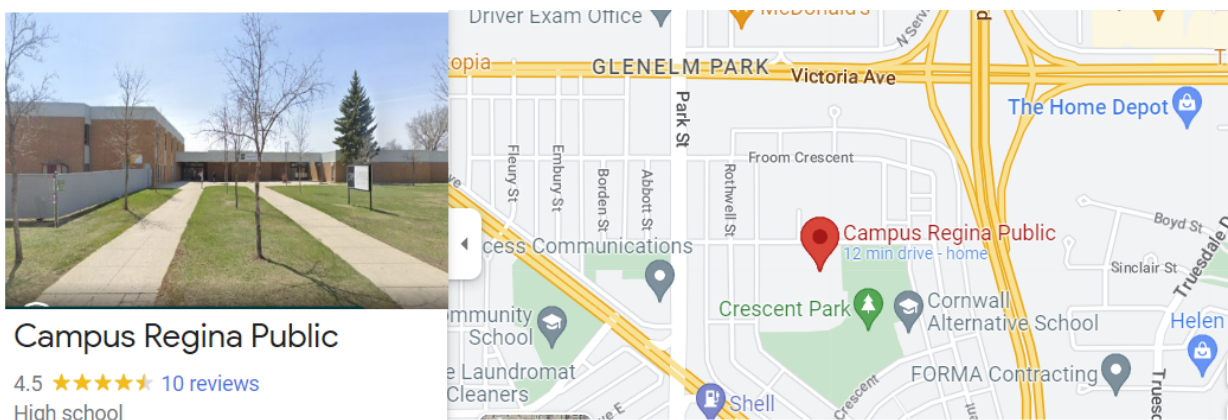
**COSTUMES:** Please send all costumes (including little pieces ie. Headpieces, gloves etc.) in a garment bag with their name on it, and all dance shoes with your dancer. Teachers and assistants will be in attendance to help students change and keep organized.

**Teams: Teal, Violet and Pink:** Dancers are to wear the entire costume with proper shoes. For these teams, they are to wear suntan tights with all costumes to save time. (If only in ie. Ballet, then wear your pink tights)

**Teams: Blue, Yellow, Burgundy and Orange:** Dancers are to wear entire costume with proper bra styles, tights and shoes.

**HAIR:** All students must have their hair slicked back in a **bun or sock bun** for this practice. NO makeup is required for this day.

**No Tap Shoes** to be worn anywhere in the building. Tap Routines will be done in soft shoes.



**Enter at main front door on 14th Ave. - Must remove outside shoes/boots!!**

**This is a very important practice, all effort MUST be made to be at your assigned time!!**

**Thank-you in advance for your understanding, Deanna, Joyce and Staff**

# Doors to School will not be open until 6:00pm

## Practices will be held in the order listed.

<b>Tuesday - March 14, 2023</b>		
<i>*arrive 10 mins before rehearsal time to get into first costume</i>		
<b>6:15 - 7:30</b>		
Instructor		
We Are Royalty	<i>Blue - Ballet</i>	Ashley
Beauty Inside	<i>Blue - Hip Hop</i>	Jaida
Let Me Out	<i>Blue - Lyrical</i>	Deanna
Taking Care of Business	<i>Blue - Tap</i>	Joyce
Show Me What You Got	<i>Blue - Jazz</i>	Deanna
<b>7:30 - 8:00</b>		
Instructor		
Hamilton	<i>Mus. Theatre</i>	Keely
<b>8:00 - 8:30</b>		
Instructor		
Makin' Moves	<i>Burgundy - Jazz</i>	Rylee
Pump It Up	<i>Yellow/Burg - Hip Hop</i>	Jaida
Good Job	<i>Burgundy - Lyrical</i>	Rylee
<b>8:30 - 9:50</b>		
Instructor		
I'm Alive	<i>Orange - Hip Hop</i>	Ashley
Flappers World	<i>Orange - Ballet</i>	Ashley
Amen	<i>Yellow - Small Group</i>	Keely
Fashion Model	<i>Orange - Jazz</i>	Ashley
Fighting Fire	<i>Yellow - Contemporary</i>	Ashley
Money, Money, Money	<i>Orange - Tap</i>	Joyce
Flowers	<i>Yellow - Lyrical</i>	Deanna
Out There	<i>Orange - Contemporary</i>	Ashley
<b>NOTE: Acro classes will NOT attend this practice</b>		

<b>Wednesday - March 15, 2023</b>		
<i>*arrive 10 mins before rehearsal time to get into first costume</i>		
<b>6:15 - 7:15</b>		
Instructor		
Dance Through the Day	<i>Teal - Jazz</i>	Hannah
Painting the Way	<i>Teal - Ballet</i>	Miranda
Workin for a Livin	<i>Teal - Hip Hop</i>	Mackenzie
Route 66	<i>Teal - Tap</i>	Hannah
<b>7:15 - 8:00</b>		
Instructor		
Master Puppeteer	<i>Pink - Ballet</i>	Miranda
As the World Turns	<i>Violet - Ballet</i>	Hannah
White Flag	<i>Pink - Lyrical</i>	Keely
Magic'	<i>Violet - Tap</i>	Keely
Money	<i>Pink - Hip Hop</i>	Keely
<b>8:00 - 8:45</b>		
Instructor		
House Work	<i>Violet - Hip Hop</i>	Keely
Arcadia	<i>Pink - Jazz</i>	Nicole
Rock n Roll Rules	<i>Violet - Jazz</i>	Rylee
Nine to Five	<i>Pink - Tap</i>	Joyce
<b>8:45 - 9:30</b>		
Instructor		
I Love Rock N Roll	<i>Yellow - Jazz</i>	Nicole
Do It To It	<i>Yellow - Tap</i>	Nicole
Paris	<i>Yellow - Ballet</i>	Nicole
<b>NOTE: Acro classes will NOT attend this practice</b>		