



# Dress Rehearsal in Full Costume 2023

## Conexus Arts Centre - during day of Friday June 2, 2023



There is a lot of information in this Newsletter. If you have any questions regarding year-end performance please contact your teacher or Deanna or Joyce and thank you for your co-operation on another wonderful and successful season.

**All students perform in our Year-end Show as part of your commitment to the dance season. This is not OPTIONAL, your Teachers & Team members expect all dancers to be there with them. All students are to perform in EVENING SHOW (Friday @ 7:00 p.m.)**

**NOTE: If your dancer will not be attending the performances for any reason, their teacher must be given advanced notification in writing 2 weeks prior to show, notice given to teacher at class, so if choreography needs to be adjusted it can. This is the reason your child has been dancing all season, to perform for friends and family and “Shine” on the stage.**

### **IMPORTANT INFORMATION:**

The following important information is in this Newsletter for you, please read over carefully.

- **Outstanding accounts paid in FULL by end of season due by Saturday May 27, 2023.**
- For dancers to participate in Year-end “Parade of Stars” performance **ALL outstanding accounts MUST be paid in FULL** by end of season.
- **Wed. May 31st:** Last day of regular classes will be held up to & including Wed. May 31st, dance season will be completed after the year end performance until our Fall season starts in September 2023.
- **Rehearsal Schedule** for Friday June 2nd (schedule below) at Conexus Arts Centre.
- Dancers with **Fast Changes Information**
- **Show Performance Hair & Make-up** (see chart that will be emailed out soon outlining what hair style to be worn)
- Dressing Room Assignments
- Dancers Reporting to Dressing Rooms & info regarding Parents NOT allowed to stay in Dressing Rooms
- Dancer Pick-up Location/information at Intermission & End of the Show

**Dress Rehearsal:** (starting at 8:45 a.m. to 4:00 p.m. see schedule below) **Dancers must be picked up at end of their rehearsal session, staff members cannot supervise dancers after their session is completed**

Dancers should be attending Rehearsal to familiarize themselves with the stage & surroundings.

- Rehearsal will be held Friday during the day at the Conexus Arts Centre in the order of the schedule attached below. It is necessary to run dress rehearsal during the day time hours as the facility is rented by the day & in order to keep costs down to you, we do not want to rent facility for more days than necessary.
- All routines will be marked & fast changes should be rehearsed.
- Pre-school, Combo & Acro routines will be run thru 2 times, your teacher will indicate when dancer is FREE to leave which will be at the end of the assigned Rehearsal Session.
- Dancers should consider themselves to be there for the entire Rehearsal Time Slot indicated. Please BE ON TIME dressed in costume and ready to dance.
- This is a trial run for the students to familiarize them with the surroundings, the stage & set their routines on the bigger stage so we ask that all students be in attendance for dress rehearsal.
- Those dancers with “fast changes” must rehearse the fast change backstage with the fast change mothers located on both sides of the stage.
- Any routines that have already competed & danced on stage will only mark their routine & go thru it once on the larger stage, those that have not performed on stage at any competition should get two times to practice.

**Rehearsal & Dressing Rooms:** (arrive 10 minutes prior to scheduled rehearsal time & dressed for Rehearsal Time)

- **Please enter “Stage / Performers Doors”** located at BACK OF BUILDING beside the Loading Docks (Southeast Corner) for access to Dressing rooms for both dress rehearsal and the evening performances.
- **Your child's rehearsal time is approximate** but we will do our best to stay on this schedule so please be on time so children can get back to school if necessary a.s.a.p.

- **Dancers please report to their dressing rooms behind Stage area 10 minutes prior** to your specified time & wait to be called by the teachers. All dancers are required to be at dress rehearsal for the time slot indicated for their class and are Free to go once teacher has dismissed the class. **Dancers must be ready to dance at scheduled Rehearsal Time.**
- **PRESCHOOL, COMBO, TEAM TEAL - Shumiatcher Dressing Room will not be available for Rehearsal** so dancers will have a temporary dressing room on 2<sup>nd</sup> floor for Rehearsal. For the Evening Performance to access your Dressing room in the Shumiatcher Room go thru door located off the Wascana Parkway parking lot and proceed to Lower Level Shumiatcher.

### **Dressing Room Assignments:**

- **Locate your Dancer's Assigned Dressing Room location at rehearsal (will be posted at Stage Doors & indicated below).**
- There will be dressing rooms located in Shumiatcher Room (Lower Level), Main floor & 2<sup>nd</sup> floor. For 2<sup>nd</sup> floor, **turn Left** after passing the Security desk, **turn left through the doors** and go up the stairs to the 2<sup>nd</sup> floor. Please look for signs for your Team Dressing Room.
- **PreSchool, Combo & Team Teal** – Shumiatcher Room (Lower Level) – use outside entrance off the parking lot
  - **NOTE:** PreSchool, Combo & Team Teal; dancer's dressing room will be located on lower level in the Shumiatcher Room for Evening Show performances ONLY, for Rehearsal please use a temporary dressing room located on 2<sup>nd</sup> floor, look for sign posted.
- **Team Violet, Team Pink, Team Blue, Dancers taking ACRO ONLY** – 2<sup>nd</sup> Floor
- **Boys, Team Yellow, Team Burgundy, Team Orange** – Main Floor behind Stage area

**If your dancer is going to be at Dress Rehearsal during the lunch hour (must be old enough to be unsupervised), please provide them with a drink & lunch to eat during break. They must sit quietly in the hallway & clean up their mess.**

### **Dancers with Fast Changes:** (4# or less)

- **Definition of FAST change:** Dancer with a costume change of 4# or less which means from the time they end their dance until they have to dance again, if this is 4# or less, this costume change will be done backstage, not in dressing room. E.G. dance in #10 then dance again #14, this is a 3# fast change as dancer must be back on the stage in 3#.
- Any costume changes of 5# or more will be made in your assigned dressing rooms
  - **Fast changes will be run at dress rehearsal:** (4# or less will be made Back stage)
  - **All Fast Changes must be in individual garment bags for each costume change.**
  - Students with fast changes will run their fast costume change at dress rehearsal. Please bring your fast change costumes & shoes to Fast Change area on Stage LEFT - CLEARLY LABELLED in a Garment Bag as:
    - Dancer's name
    - On the outside of a GARMENT bag indicate what routine to change out of
    - How many numbers to change & name of the dance changing into E.G. 3# change to "Magic"
  - **(Stage Left)** Bring the garment bag at rehearsal to the fast change mothers located on Stage Left (look for signs). Your bag must have a closed bottom on it with only one costume per bag & coordinating shoes etc in each bag.
  - **END OF REHEARSAL:** You must pick up costumes at end of your rehearsal, re-organize it and bring to backstage to fast change mothers before each evening performance

### **Show Performance Hair:** (all bangs must be off forehead & neckline)

- **You will receive an email soon** outlining by Team Color what hair style should be worn for Year-end Show. We will try to eliminate Dancers **having to** change hairstyles during the show unless absolutely necessary.
- **All hair should be done** in the assigned hair style (as per teachers request) curly ponytail, pigtailed, straight ponytail or bun off the neckline. Short hair must be pulled back away from face, apply lots of hair gel and use a "circular stretch flexible hair comb" to pull back all the hair & bangs away from face and forehead.
- NO coloured elastics, barretts, banana clips etc to be put into the hair.
- **All Earrings, jewellery etc & nail polish** should be removed from all dancers for performance. Earrings that cannot be removed should be covered with a small piece of bandaid. Earrings that are a part of Dancer's costume can be worn.
- **Show Performance make-up** should include Brown eye shadow to crease of eye, White highlighter to brow, blush, eyeliner (making a fishtail out from eyes), and bright red lipstick. Remember that the bright stage lights will drown out the colour in your child so therefore be sure to apply make-up to child. See Tutorial on our website [www.danceplus.ca/contact](http://www.danceplus.ca/contact)
- **Preschool & Combo students** if eyeliner and/or eye shadow bothers them then just wear blush & lipstick.

## **Evening Show - Dancers should report to dressing room:**

- **1st half dancers should report to their assigned dressing rooms by 6:30 pm**
- **2nd half dancers report by approximately 8:10 to 8:15 pm. & wait for Intermission Break.**
- **Dancers reporting to dressing rooms** should have Hair & Make-up done and ready to just put on their costumes.
- The performance starts at 7:00 p.m., 2nd half Dancers will be let into their Dressing Rooms at Intermission Break and not before, they must stay until the end of the show to be picked up
- **Shumiatcher Dressing Room:** - dressing room is located on Lower Level Shumiatcher Room.
  - Enter thru doors located off the West parking lot facing Wascana Parkway to get to Shumiatcher Dressing Room.
  - Down the Stairs, Turn Left, then turn Right into the Shumiatcher Room.

### **Dancers in the audience** they need to report to “Stage Doors” beside Loading Dock at Intermission Break

- you must exit out of the building, either from Front doors or must exit thru side doors off Lobby area
- walk around back of building to “Stage Doors” (located beside loading dock) enter at Stage Doors to go to dressing rooms.
- Once show has stopped to break for Intermission, dancers will be allowed to go to Dressing Rooms.
- Dancers coming from audience should come with hair & make-up done but **DO NOT** wear costumes in the audience.
- Parents ensure that you **have your ticket stub to return** to watch remainder of the show.
- **NO ONE** is allowed to cross over the stage area at any time you must exit building to go to your dressing rooms.

## **PARENTS & Dressing rooms:**

- **Parents are to drop their dancer** off in their assigned dressing rooms. Parents **will not be allowed to wait** for their dancer in the Dressing rooms while they perform as there is not enough room, only the Class Volunteers will be allowed to stay in Dressing rooms.
- Please drop off dancer & come back for them at Intermission at assigned location (**Shumiatcher room approx 8:10 pm**) or if dance in 2<sup>nd</sup> half at End of the show from dressing rooms (**approx 9:30-9:45 pm**). Dancers **CANNOT** leave during show.
- The Class Volunteer in attendance will be responsible for supervising the dancers in dressing rooms for the portion of the show in which they perform (either 1<sup>st</sup> half or 2nd half) as the teachers are not available to supervise the dancers during the show.

## **DANCERS IN AUDIENCE:**

- Any dancers that are sitting in the audience must be dressed in **street clothes and must have a ticket to enter the auditorium**. NO costumes should be worn in audience.
- We ask that you **DO NOT enter or exit the auditorium** during the performance.
- Dancers cannot be picked up until Intermission (with exception of PreSchool & Combo ages 5 & under) or End of show once show has completely ended, you will not be allowed to Dressing Rooms past Security during the show.

**IMPORTANT**

## **Ages 5 & Under – PreSchool & Combo dancers ONLY**

- Dancers in PreSchool & Combo classes (ages 5 & under) will have the Option to be picked up by their parent **immediately after they have danced**.
- **ONLY These dancers (age 5 & under)** can be picked up after danced from the Shumiatcher Lobby (Lower Level)
- Enter thru Entrance located off Parking Lot (West Side building facing Wascana Parkway)
- **Parents will have to SIGN OUT their dancer before leaving**
- We hope that Parents & dancers will return to audience to enjoy the remainder of the show

### **PARENTS of dancers 5 & under (PreSchool & Combo):**

- **You must confirm with the office by email by Tues. May 30th** which option you will be taking for your dancer.
- Provide Dancers first & last name when email the office.
  - Option #1 Pickup right after danced (provide dancer’s first & last name)
  - Option #2 Pickup at Intermission from Shumiatcher Room Lower Level (provide dancer’s first & last name)

Volunteers supervising dancers must know when dancer is being picked up from Shumiatcher room, immediately or Intermission

## **IMPORTANT**

## **POLICY on DANCER PICK-UP:**

On each performance night

There will be **ONLY TWO OPTIONS** for picking up dancers:

### **ALL DANCERS – ages 6 & over (Team Teal, Violet, Pink etc)**

- For security reasons we must insist that ALL dancers ONLY BE PICKED UP either:
  - **OPTION #1 at either Intermission Break from Shumiatcher Room (Lower Level) or**
  - **OPTION #2 at End of the show from their dressing rooms (parents cannot access dressing rooms until the show has ended)**
- We need to eliminate any traffic around the stage area & CAN NOT have people coming in & out of the building/dressing rooms during the show to ensure the safety of all students
- You will not be allowed past Security during the Show to go to Dressing Rooms

### **DANCER PICK-UP - OPTION #1 @ Intermission**

- Enter thru Entrance located off Parking Lot (West Side of building facing Wascana Parkway)
- Shumiatcher Room (lower level) - ALL Dancers Picked-up at INTERMISSION  
**- 1st half dancers (approx 8:10-8:15 p.m.)**
- Ages 6 & over - Parents WILL NOT be allowed to enter the Shumiatcher Room nor will Dancers be allowed to leave the Shumiatcher Room until Intermission Break. Parents can enter into Dressing Room at the Intermission Break.
- NOTE: Those dancers that are performing close to Intermission Break will take longer to get to the “pick up” location, parents please be patient all dancers will be brought down to assigned Pick Up location to their parents.

#### **ALL DANCERS PICKED-UP from Lower Level at Intermission – Shumiatcher Room**

- All dancers being picked up at INTERMISSION will be picked up from the Shumiatcher Room regardless of whether they are going home or back into the audience.
  - **If you are in the audience:**
    - you must exit outside the building at Intermission to access the Shumiatcher Room
    - TURN LEFT from the front doors, down the stairs and along the West side of building to locate the Shumiatcher Room door at Southwest corner (facing Wascana Parkway)
    - GO DOWNSTAIRS to pick up your dancer.
  - You must have your ticket stub to re-enter the audience.
    - If dancer is going into the audience they must be dressed in Street Clothes not their costume, please provide change of clothing if dancer is going to watch remainder of the show.
  - **If you are not coming from audience** to pick up your dancer you will go to:
    - Parking Lot facing Wascana Parkway (southwest corner of building)
    - Enter doors to go down to Shumiatcher room
    - Down the stairs to locate the Shumiatcher Room, but dancer can not leave Shumiatcher Room until the Intermission break.
- We suggest that you do a walk around during rehearsal while waiting for your dancer to see which door you will enter to pick up your dancer at Intermission.

### **DANCER PICK-UP - OPTION #2 End of the Show**

**(Approximately 9:30 – 9:45 pm)**

- (Stage Doors) Dressing Rooms - Dancers Pick up at END OF SHOW - 2nd half dancers

Those dancers being picked up at the End of the show will be picked up in the Dressing Rooms. Parents must exit outside building and enter through STAGE DOORS (located at back of building beside the loading dock).

Parents will not be allowed past the Security Desk into the Dressing Rooms until the Show is ended

# **Dress Rehearsal will be CLOSED to the parents to watch**

- We find that we can run a more productive rehearsal with only the students (same as a class situation, they will focus on us).
- Please bring your dancer for their allotted rehearsal time arriving 10 minutes early, dancer must be ready in costume at their rehearsal time.
- Teachers will come for Dancers in their Dressing Room located behind the Stage.
- Familiarize yourself & locate your dancers assigned dressing room (posted at Stage Doors location), you may wait with them until they are called to the stage by their teacher (NO parents allowed on the Stage area)
- Parents are not allowed to stay and wait in the hallways while dancer is rehearsing, please leave the building and come back for your dancer at end of their session.
- Return for your dancer & wait in hallway till they are Free to go at end of their session.

## **Rehearsal – Friday June 2nd – 8:45 am – 4:00 pm at Conexus Arts Centre**

**Rehearsal is run in order of the performance in FULL costume.**

- All dancers **need to be at rehearsal for the entire time slot that their class is scheduled to dance**
- **ARRIVE 10 minutes before your scheduled rehearsal time slot and be ready in costume**
- **Dancers must be picked up at the end of their rehearsal session, teachers cannot supervise dancer after their session is completed**

### **Rehearsal Hair & Make-up:**

- **FULL COSTUME** is required for rehearsal but hair & make-up **is not necessary** to be done for rehearsal, but hair must be up in ponytail.
- **Jewellery** (Earrings, ankle bracelets etc) must be removed for show performance or earrings must be covered with band aids for evening performance unless Earrings are part of dancer's costume.
- Full costume, stage make-up & assigned hairstyle must be done correctly as indicated for evening performance.

### **1st Half routines**

(routines that have already danced on stage will be marked, then run through to practice fast changes)

#### **8:45 am - 10:00 am**

Out There  
Painting the Way  
Teaching the ABC's (PreSchool)  
Rock n Roll Rules  
Amen  
Taking Care of Business  
Be Our Guest (Combo)

#### **10:00 am - 11:15 am**

White Flag  
Route 66  
As the World Turns  
Inner Ninja  
Time Machine  
Paris  
Working for a Livin  
Housework

#### **11:15 am - 12:00 pm**

Nine to Five  
Fashion Model  
Dance Through the Day  
We Are Royalty  
Magic  
Flowers

#### **12:00 – 1:00 pm**

Lunch Break

#### **1:00 – 1:45 pm**

Work It (opening)  
Delivering Memories (finale)

### **2nd Half routines**

(these routines will be quickly marked, then run straight through to practice fast changes)

#### **1:45 - 2:30 pm**

Works Hard for Her Money  
Hamilton  
I Love Rock n Roll  
Let Me Out  
I'm Alive  
Arcadia

#### **2:30 - 3:15 pm**

Fighting Fire  
Beauty Inside  
Flappers World  
Pump It Up  
Makin Moves  
Master Puppeteer

#### **3:15 – 4:00 pm**

Do It To It  
Show Me What You Got  
Money, Money, Money  
Good Job  
Money  
Teacher Feature

**Dancers return for Show Performance @ 6:30 pm**



## **"DANCERS DESERVE AN AUDIENCE" - Audience Etiquette**

- Our annual "year-end" performance is a celebration of another successful dance season, a time for ALL of our students to perform and show all of their hard work.
- All dancers deserve an audience to see them SHINE on the stage as they have all worked so hard this season and just want to show off for you and perform. We will showcase the talents of all students in the studio from the wee ones to the advanced students along with the teachers.
- As tempting as it may seem, audience etiquette is "don't leave the theater in the middle of the show, even if your child is done performing." Not only can dancers on stage see empty seats, staying to enjoy the entire show also shows respect for the other parents and dancers who sat through your child's routine. All dancers have worked hard all season to prepare to SHINE on the stage for you, they just want to perform for the audience. Younger dancers learn from observing older dancers perform on the stage and they look up to those older dancers & teachers.
- Please try to avoid moving around the auditorium during a performance such as entering or exiting the auditorium as this is also very distracting for the audience and the dancers. You do not know if the people that you are passing in front of may be watching their dancer on stage at that time, please be courteous.

## **TICKETS:**

Went on sale Saturday May 6, 2023 at NOON at Conexus Centre Box Office.

Ticket prices (include SC & GST/PST): **Adult \$27.00** **Child (12 & under) \$22.00**

**Dancers \$17.00** (this price if submit dancer coupon)

(Dancer Discount coupon was sent home with dancers & must submit when purchasing ticket to receive discount)

One FREE Complimentary Ticket given for every 5 FULL priced tickets purchased. Dancer Discount tickets do not qualify as a Full Priced tickets.

## **Year-end Parade of Stars is the Highlight of your dancers dance season. They have worked so hard to perform for you.**

- Everyone (including Babes in arms) attending the show MUST PURCHASE a ticket regardless of age - Complimentary tickets could be used for infants if you must bring to the show. Babes in Arms are not allowed to just sit on your lap without a Ticket as we offer Complimentary Tickets with sales.
- Dancer's only require a ticket if they are going into audience to watch remainder of the show.
- Tickets must be purchased "in-person" or "by phone" to receive complimentary tickets, On-line orders mayu not process the FREE complimentary ticket, contact the Conexus Box office to clarify. Additional Surcharges may apply if ordered On-Line/by phone.
- "Dancer discount" must be "in person" to receive a discounted ticket.
- "Child" tickets must be purchased "in person" or "by phone."
- One complimentary ticket will be given out for every **5 FULL priced tickets purchased (purchased IN PERSON or by PHONE)** for our show so invite your family and friends to come and enjoy a night of dance. Dancer Discount Tickets do not qualify as a FULL priced ticket.

## **NO Cameras during Performance:**

- **NO flash cameras**, video or digital cameras/iphone will be allowed into the actual performance. Flash cameras are very distracting for both the performers and the audience
- We have a professional videographer doing the show, see information below to purchase your video keepsake
- Do not disturb or block the view the people behind you by videotaping your dancer on the stage
- Please be considerate, do not run up to take a picture of your dancer performing and disturb the people in the audience.



**Souvenir USB/DIGITAL DOWNLOAD (Optional – must PRE-ORDER on line):**

**“Parade of Stars” Performance Video**

**Protec Studios Moose Jaw @ 306-684-3900**

- Pre-order on line before June 2nd
- <https://www.protecstudios.ca/danceplusregina - password dp23>



- Digital Downlaod = \$40.00 + Taxes
- USB = \$45.00 + tax
- Videos done by Protec Studios will be available for anyone that wishes to purchase a copy of the entire show.
- Orders/Payments made to “Protec Studios” ON-LINE
- If you miss getting your order in on time you may contact Protec Studios at 306-684-3900 about placing a late order
- Contact Protec Studios with any concerns regarding your video.

**USB orders will be available for pickup from the studio on Tuesday June 27<sup>th</sup>  
between 5:00 - 7:00 p.m. from Dance Studio, Digital downloads will be sent out to you if ordered**

**Pictures:**

- We would like to take this opportunity to thank all the students and parents for the lovely look of all the classes on picture days. Overall the classes looked wonderful, but there were a few students with their bangs on their forehead and hair not in Curly ponytail and earrings in. Please refrain from using anything coloured in your child's hair. Brown or yellow elastics and bobby pins that match your child's hair only please.
- You will receive an email from the Angylravyn Photography when your photo proofs are available for viewing and purchase On-line.



Thank you  
Joyce, Deanna & Staff

## 2023 "Let's Get to Work!"

- "Work It!"** ..... Exam Students
2. Out There .....Cont 1 SR
  3. Painting the Way ..... Teal Ballet
  4. Teaching the ABC's ..... PreSchool
  5. Rock n Roll Rules ..... Violet Jazz
  6. Amen ..... Yellow Sm Group
  7. Taking Care of Business ..... Blue Tap
  8. Be Our Guest ..... Combo
  9. White Flag ..... Pink Lyrical
  10. Route 66 ..... Teal Tap
  11. As the World Turns ..... Violet Ballet
  12. .... Teacher Feature
  13. Inner Ninja ..... Acro 1
  14. Time Machine ..... Acro 2
  15. Paris ..... Yellow Ballet
  16. Workin for a Livin ..... Teal Hip Hop
  17. Housework ..... Violet Hip Hop
  18. Nine to Five ..... Pink Tap
  19. Fashion Model ..... Orange Jazz
  20. Dance Through the Day ..... Teal Jazz
  21. We Are Royalty ..... Blue Ballet
  22. Magic ..... Violet Tap
  23. Flowers ..... Yellow Lyrical

### **Intermission**

**1<sup>st</sup> Half - Dancer Pick-up at Intermission Break  
from Shumiatcher Room Lower Level ONLY**

## **(Revised performance order)**

1. Works Hard for Her Money ..... Silver Tap
2. Hamilton ..... Musical Theatre
3. I Love Rock n Roll ..... Yellow Jazz
4. Let Me Out ..... Blue Lyrical
5. I'm Alive ..... Orange Hip Hop
6. Arcadia ..... Pink Jazz
7. Fighting Fire .....Cont 2 Teen
8. Beauty Inside ..... Blue Hip Hop
9. Flappers World ..... Orange Ballet
10. Pump It Up ..... Yellow/Burg Hip Hop
11. Makin Moves ..... Burgundy Jazz
12. Master Puppeteer ..... Pink Ballet
13. Do It To It ..... Yellow Tap
14. Show Me What You Got ..... Blue Jazz
15. Money, Money, Money ..... Orange Tap
16. Good Job ..... Burgundy Lyrical
17. Money ..... Pink Hip Hop

### **"Support a Winner" Draw**

**"Delivering Memories"** .....Exam Students

### **The End**

**Thank you, we hope you enjoyed the show**

**2<sup>nd</sup> Half - Dancer Pick-up at End of Show ONLY  
from Main Floor behind Stage area**